



St. Cyprian's Church Link

Sunday 8th March 2026
Lent 3

Collect of the Day

Merciful Father, we have no power in ourselves to help ourselves: when we are discouraged by our weakness, give us strength to follow Christ, our pattern and our hope; who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. **Amen.**

Hymns for today * =The Source Hymnal

Opening	336	All my hope on God is founded
Gradual	126	The King of Love my shepherd is
Offertory	331	The God of Abraham Praise
Communion	63	My song is love unknown
Closing	237	Take up thy cross the Saviour said

Anglican Cycle of Prayer The Nippon Sei Ko Kai

Diocesan Cycle of Prayer Bishop Nick Bundock; Porvoo Communion: The Church of Sweden, Diocesan Council, St Mary's, Gatehouse of Fleet; St Francis of Assisi (Greyfriars), Kirkcudbright

Those on our prayer list: For those at Lenzie Old and Lenzie Union Parishes; The search process at St. James the Less in Bishopbriggs; Revs. Les and Lucy Ireland; Bill Fergus; Rosa Revell and her sister; Barbara Fairlee, Sheila and Shaunda; Ruth Mitchell; Kennedy Fraser; Duncan Naysmith; Jean Dick; Margaret Conway; Susan Frost; Tom and Lynda; Jean Hindle; Peter Bladon; Helen Kerr; Glennis Tavener; Jean McLean; Mary Boyd; Jacqui Stother, and those who are named in the Prayer Book at the back of the church.

Notices

- ❖ **Our Lent course** continues this **Thursday, 12 March at 7pm** in the Choir Vestry.
- ❖ **Draw Near, Lenten devotionals, are available at the back of the church**

First Reading

Exodus 17: 1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Psalm 63

¹ O God, you are my God, I seek you, my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water.

² **So I have looked upon you in the sanctuary, beholding your power and glory.**

³ Because your steadfast love is better than life, my lips will praise you.

⁴ **So I will bless you as long as I live; I will lift up my hands and call on your name.**

⁵ My soul is satisfied as with a rich feast, and my mouth praises you with joyful lips

⁶ **when I think of you on my bed, and meditate on you in the watches of the night;**

⁷ for you have been my help, and in the shadow of your wings I sing for joy.

⁸ **My soul clings to you; your right hand upholds me.**

⁹ But those who seek to destroy my life shall go down into the depths of the earth;

10 they shall be given over to the power of the sword, they shall be prey for jackals.

11 But the king shall rejoice in God; all who swear by him shall exult, for the mouths of liars will be stopped.

Epistle

Romans 5: 1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Gospel

John 4: 5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I

will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."